

WSKAZÓWKI DO ĆWICZEŃ DLA STUDENTÓW KIERUNKU LEKARSKO- DENTYSTYCZNEGO

Zakład Anatomii Prawidłowej i Klinicznej CB WUM w
Warszawie

B.Ciszek

Wymienione poniżej miana anatomiczne wskazują struktury anatomiczne, które należy umieć rozpoznać i omówić. Obowiązujące są miana łacińskie. Część angielska stanowi nieobowiązkowe uzupełnienie związane z rozpowszechnieniem tego języka jako uniwersalnego systemu komunikacji w medycynie.

W zakresie połączeń kości struktury obowiązujące podkreślono

OSTEOLOGIA & ARTHROLOGIA VI

**SKELETON APPENDICULARE
OSSA MEMBRI SUPERIORIS**

**APPENDICULAR SKELETON
SKELETON OF THE UPPER LIMB**

CINGULUM MEMBRI SUPERIORIS

PECTORAL GIRDLE

SCAPULA

SCAPULA - SHOULDER BLADE

Facies costalis	Costal surface
Fossa subscapularis	Subscapular fossa
Facies dorsalis	Dorsal surface
Spina scapulae	Scapular spine
Fossa supraspinata	Supraspinous fossa
Fossa infraspinata	Infraspinous fossa
Acromion	Acromion
Facies articularis acromii	Clavicular facet
Angulus acromialis	Acromial angle
Margo medialis	Medial border
Margo lateralis	Lateral border
Margo superior	Superior border
Incisura scapulae	Suprascapular notch
Angulus inferior	Inferior angle
Angulus lateralis	Lateral angle
Angulus superior	Superior angle
Cavitas glenoidalis	Glenoid cavity
Tuberculum supraglenoidale	Supraglenoid tubercle
Tuberculum infraglenoidale	Infraglenoid tubercle
Collum scapulae	Neck of the scapula
Processus coracoideus	Coracoid process

CLAVICULA

Extremitas sternalis
 Facies articularis sternalis
 Impressio ligamenti costo-
 clavicularis
 Corpus claviculae
 Sulcus musculi subclavii
 Extremitas acromialis
 Facies articularis acromialis

CLAVICLE - COLLAR BONE

Sternal end
 Sternal articular facet
 Impression for costocla-
 vicular ligament
 Shaft
 Groove for subclavius muscle
 Acromial end
 Acromial articular facet

PARS LIBERA MEMBRI SUPERIORIS FREE PART OF THE UPPER LIMB**HUMERUS**

Caput humeri
 Collum anatomicum
 Collum chirurgicum
 Tuberculum maius
 Tuberculum minus
 Sulcus intertubercularis
 Crista tuberculi maioris
 Crista tuberculi minoris
 Corpus humeri
 Facies anteromedialis
 Facies anterolateralis
 Facies posterior
 Sulcus nervi radialis
 Margo medialis
 Margo lateralis
 Tuberositas deltoidea
 Condylus humeri
 Capitulum humeri
 Trochlea humeri
 Fossa olecrani
 Fossa coronoidea
 Fossa radialis
 Epicondylus medialis
 Sulcus nervi ulnaris
 Epicondylus lateralis

HUMERUS

Head
 Anatomical neck
 Surgical neck
 Greater tubercle
 Lesser tubercle
 Intertubercular sulcus Bicipital groove
 Crest of the greater tubercle
 Crest of the lesser tubercle
 Humeral shaft
 Anteromedial surface
 Anterolateral surface
 Posterior surface
 Sulcus for the radial nerve
 Medial border
 Lateral border
 Deltoid tuberosity
 Condyle
 Capitulum
 Trochlea
 Olecranon fossa
 Coronoid fossa
 Radial fossa
 Medial epicondyle
 Sulcus for ulnar nerve
 Lateral epicondyle

RADIUS

Caput radii
 Fovea articularis
 Circumferentia articularis
 Collum radii

RADIUS

Head
 Proximal articular surface
 Articular circumference
 Neck

Corpus radii	Shaft
Tuberositas radii	Radial tuberosity
Facies anterior	Anterior surface
Margo interosseus	Interosseus border
Margo posterior	Posterior border
Processus styloideus	Styloid process
Tuberculum dorsale	Dorsal tubercle
Incisura ulnaris	Ulnar notch
Facies articularis carpea	Carpal articular surface

ULNA

Olecranon	Olecranon
Processus coronoideus	Coronoid process
Tuberositas ulnae	Tuberosity of the ulna
Incisura trochlearis	Trochlear notch
Incisura radialis	Radial notch
Corpus ulnae	Shaft
Margo interosseus	Interosseus border
Crista musculi supinatoris	Supinator crest
Caput ulnae	Head
Circumferentia articularis	Articular circumference
Processus styloideus	Styloid process

OSSA CARPI

Os scaphoideum	Scaphoid bone
Os lunatum	Lunate bone
Os triquetrum	Triquetral bone
Os pisiforme	Pisiform bone
Os trapezium	Trapezium bone
Os trapezoideum	Trapezoid bone
Os capitatum	Capitate bone
Os hamatum	Hamate bone
Hamulus ossis hamati	Hamulus(hook)
Sulcus carpi	Carpal groove

CARPUS - WIRST

OSSA METACARPI

Basis metacarpalis	Base
Corpus metacarpale	Shaft
Caput	Head
Os metacarpale tertium	Third metacarpal bone
Processus styloideus	Styloid process

METACARPUS

OSSA DIGITORUM

PHALANGES

Phalanx proximalis	Proximal phalanx
Phalanx media	Middle phalanx
Phalanx distalis	Distal phalanx

BONES OF THE FINGERS

PHALANGES OF THE HAND

Tuberositas phalangis distalis	Tuberosity
Basis phalangis	Base
Corpus phalangis	Shaft
Caput phalangis	Head
Ossa sesamoidea	Sesamoid bones

IUNCTURAE CINGULI MEMBRI SUPERIORIS JOINTS OF PECTORAL GRIDLE

ARTICULATIO STERNOCLAVICULARIS STERNOCLAVICULAR JOINT

Discus articularis	Articular disc
Lig.costoclaviculare	Costoclavicular ligament

ARTICULATIO ACROMIOCLAVICULARIS ACROMIOCLAVICULAR JOINT

Lig.acromioclaviculare	Acromioclavicular ligament
Discus articularis	Articular disc
Lig.coracoclaviculare	Coracoclavicular ligament

SYNDESMOSES SCAPULAE	SYNDESMOSES OF THE SCAPULA
Lig.coracoacromiale	Coracoacromial ligament
Lig.transversum scapulae sup.	Superior transverse scapular lig. (suprascapular)

IUNCTURAE MEMBRI SUPERIORIS LIBERI JOINTS OF THE FREE PART OF THE UPPER LIMB

ARTICULATIO HUMERI	HUMERAL(SHULDER)JOINT
Labrum glenoidale	Glenoidal labrum
Ligamentum coracohumerale	Coracohumeral ligament Transverse humeral ligament

ARTICULATIO CUBITI	CUBITAL(ELBOW)JOINT
Articulatio humeroulnaris	Humeroulnar joint
Articulatio humeroradialis	Humeroradial joint
Articulatio radioulnaris Proximalis	Proximal radioulnar joint
Ligamentum collaterale ulnare	Ulnar collateral ligament
Ligamentum collaterale radiale	Radial collateral ligament
Ligamentum anulare radii	Annular ligament
Membrana interossea antebrachii	Interosseus membrane

**ARTICULATIO RADIOULNARIS DISTAL RADIOULNAR JOINT
DISTALIS**

Discus articularis Articular disc

**ARTICULATIO RADIOCARPIS RADIOCARPAL(WIRST) JOINT
ARTICULATIONES CARPI INTERCARPAL AND MIDCARPAL
JOINTS**

Lig. carpi radiatum Radiate carpal ligament
Lig. collaterale carpi ulnare Ulnar collateral ligament
Lig. collat. carpi radiale Radial collateral ligament
Canalis carpi Carpal tunnel

**ARTICULATIONES CARPO CARPOMETACARPAL JOINTS
METACARPALES**

Articulatio carpometacarpea Carpometacarpal joint of the pollex
pollicis (thumb)

**ARTICULATIONES INTER INETRMETACARPAL JOINTS
METACARPALES**

Spatia interossea metacarpi Interosseus metacarpal spaces

**ARTICULATIONES METACARPO METACARPOPHALANGEAL JOINTS
PHALANGEALES**

**ARTICULATIONES INTER INTERPHALANGEAL JOINTS
PHALANGEALES MANUS**

Ligamenta collateralia Collateral ligaments